

**Posting No. 18-10-133  
Life Skills Worker  
Part-Time (24 Hours Per Week), Evenings**

Thresholds Homes and Supports Inc. is a community-based agency that promotes recovery and improved quality of life for people who experience mental health issues by providing affordable housing and individualized, flexible support services.

**SUMMARY OF POSITION**

As members of a support team within our group homes, Life Skills Workers will work in conjunction with the Housing Support Coordinator to ensure a welcoming, safe and healthy living environment. Life Skills Workers will provide support to residents to enable them to fulfill the goals identified in their individualized recovery/support plans in areas such as supportive counseling, crisis intervention and prevention, skills development, vocational and leisure support. In addition, Life Skills Workers will assist and/or provide practical support with cooking, cleaning, laundry, personal hygiene, medication support, financial management and budgeting, social skills, decision making and problem solving. In each of these areas, services will be provided in a manner consistent with the mission and values of Thresholds Homes and Supports Inc.

This position is part-time, working 24 hours per week. Scheduled hours are evening shifts (4:00pm to 12:00am) Saturday, Sunday and Monday.

**ESSENTIAL QUALIFICATIONS**

- 1-2 years of experience in a community mental health setting working with adults recovering from serious mental illness.
- University degree or college diploma in human, social or developmental services.
- Experience working in a residential setting, and/or working with individuals who have dual diagnosis, concurrent disorders, acquired brain injury and/or complex medical needs, preferred.
- Demonstrated abilities in providing support to consumers utilizing skills in supportive counselling, crisis intervention and prevention, skill development (life skills, social skills, interpersonal and problem solving skills).
- Demonstrated ability to work within the organization's mission and values.
- Certification in First Aid/CPR, Non-Violent Crisis Intervention, and suicide risk assessment, preferred.
- Proficient in the use of Word, Excel, electronic record keeping and data collection systems.
- Must have a valid Ontario G driver's license, relevant insurance and use of a reliable vehicle.
- Able to successfully complete and provide a current Police Vulnerable Sector Check.
- Must be willing to work flexible hours to meet the needs of the program.

Interested applicants can send their resume, quoting in the subject line "**Posting No. 18-10-133 Life Skills Worker, PT**" by end of business day on **Monday November 12, 2018** to:

Human Resources  
Thresholds Homes and Supports Inc.  
236 Victoria Street North, Kitchener, ON N2H 5C8  
Email: [hr@thresholdssupports.ca](mailto:hr@thresholdssupports.ca)

*Thresholds Homes and Supports welcome and encourage applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.*

October 31, 2018